

Review Paper

Investigating the Organizational Resilience of Hospitals During Emergencies and Disasters: A Comprehensive Review of the Components



Fatemeh Seyghalani Talab¹, Bahman Ahadinezhad², Omid Khosravizadeh^{2*}

1. Student Research Committee, Qazvin University of Medical Sciences, Qazvin, Iran.

2. Social Determinants of Health Research Center, Research Institute for Prevention of Non-Communicable Diseases, Qazvin University of Medical Sciences, Qazvin, Iran.



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ABSTRACT

Background: A hospital's ability that is exposed to risk is important for maintaining its basic structure and functions by relying on increasing various capacities recovering from the effects of risks at the right time and reaching a higher level of readiness. Accordingly, the present study investigates the components of organizational resilience of hospitals during emergencies and disasters.

Materials and Methods: This comprehensive review was conducted in 2022. Data was collected by searching keywords in PubMed, Web of Science, Science Direct, Magiran, Irandoc, and SID databases from 2012 to 2022. The quality of the articles was evaluated using the strengthening of the reporting of observational studies in the epidemiology checklist by two researchers. The results of the studies were categorized in the form of dimensions and components.

Results: A total of 20 studies with various methods were summarized after quality assessment. Subsequently, the identified components were categorized into 5 dimensions as follows: the vulnerability of the hospital (18 components), preparedness (31 components), management and support (33 components), responsiveness and adaptability (35 components), and recovery after crisis (8 components).

Conclusion: A review of the studies showed the importance of each component in the field of hospital organizational resilience. In this regard, policymakers at the decision-making level and managers at the executive level should pay attention to the components that affect the organizational resilience of the hospital regarding the structure, process, and expected consequences, and then make the necessary decisions regarding the implementation of policies and solutions.

* Corresponding Author:

Omid Khosravizadeh, Assistant Professor.

Address: Social Determinants of Health Research Center, Research Institute for Prevention of Non-Communicable Diseases, Qazvin University of Medical Sciences, Qazvin, Iran.

E-mail: omid.khosravizadeh@gmail.com

Introduction

Disasters can disturb a wide array of infrastructures and facilities, ranging from hospitals to educational institutions, transportation networks, and emergency services. Meanwhile, hospitals play a crucial role in critical circumstances as they mitigate the impact of such situations and decrease fatalities resulting from them [1]. As a result, efficient disaster management within hospitals is considered an essential approach to ensuring uninterrupted healthcare services amid crises, even when hospitals are directly impacted by such situations [2]. To manage crises effectively, a systematic procedure is required for executing organizational choices, enacting policies, devising solutions, and harnessing societal capabilities. This process mitigates the impact and detrimental outcomes of disasters. Among the pivotal phases of health-related crisis management is the capacity of the healthcare and treatment system to foster resilience, ensuring the provision of health and treatment services [3]. Conversely, hospital resilience is characterized as the hospitals' capability to withstand, assimilate, and react to the impacts of critical circumstances, while upholding the continuity of vital health services and subsequently restoring the original state or adjusting to novel conditions. This description alludes to a holistic outlook on the hospital's capacity to address urgent scenarios, encompassing inherent robustness (the capacity to endure and assimilate crises) and adaptable versatility (approaches to sustain the provision of crucial health services and adjust to forthcoming crises) [4]. Hence, assessing and communicating the status of hospitals and clinics constitutes the initial stride in readying them for emergencies and disasters. This evaluation encompasses identifying hazards, assessing both structural and non-structural vulnerabilities, evaluating functional preparedness, and considering diverse human and logistical capabilities as the primary measures to enhance hospitals' preparedness to face accidents and crises [5, 6]. Regularly performing this assessment can furnish the necessary information and steps to enhance the effectiveness of health and treatment systems. To achieve this goal, it is essential to have a clear understanding of existing capacities, enabling the formulation of plans and actions that leverage these capacities to enhance the system's resilience [6, 7]. As indicated earlier, the necessity to secure the uninterrupted provision of services within organizations has attained its pinnacle significance, given that it is of utmost importance to ascertain the capacity of organizations to handle emergencies and disasters [6]. Possessing a proficient initiative in

appraising resilience management holds a pivotal position in ensuring the triumph of the continuity of organizational operations. Past instances have demonstrated that entities lacking a consistent and systematic strategy for overseeing hazardous processes have encountered numerous emergencies and disasters, leading to human casualties, financial setbacks, and environmental detriment [3]. Given that disturbances and discrepancies within hospitals can result in irreparable harm and losses, it becomes highly crucial to motivate researchers and decision-makers to develop remedies aimed at enhancing resilience within health and treatment facilities [8]. Considering the significance of hospitals' continuous provision of services and the value of assessment, monitoring, and planning to enhance hospitals' resilience against accidents, along with a review of relevant studies, the present research investigates the constituents of organizational resilience within hospitals during times of emergency and disasters.

Materials and Methods

Study design

This investigation was carried out as a comprehensive review aimed at identifying the organizational resilience elements of hospitals during crisis and disaster occurrences in 2022.

Research question and framework

The current study addresses this question "What constitutes organizational resilience elements within hospitals during emergencies and disasters?" It is structured around a multi-part conceptual framework, as depicted in Figure 1.

Search strategy

The data was collected by consulting PubMed, Web of Science, Magiran, SID, and Irandoc databases from 2012 to 2022. To identify and cover more articles, a manual search of some key authoritative journals was also done. The keywords included "sustainability", "resilience", "strategy", "medical centers", "healthcare", "hospital", "organizational resilience", "crisis", "disaster", "emergency", "health services", "medical services", and "health system" (Table 1). "AND", "or", and "not" operators were used to combine or limit the search results.

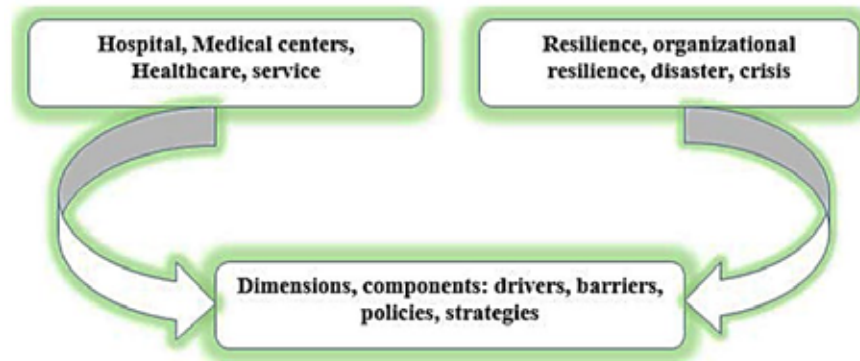


Figure 1. Conceptual framework of the search

Inclusion and exclusion criteria

To select the articles pertinent to the research domain, the criteria for inclusion comprised the following items: 1) Studies carried out within the last decade in the realm of hospital organizational resilience; 2) All types of descriptive, analytical, and cross-sectional studies that utilize various methodologies; and 3) Studies written only in the English and Persian languages. Meanwhile, the exclusion criteria were studies that were done in other service areas and studies that were not accessible.

Screening and selection of studies

Articles featuring keywords within their titles and abstracts were picked, followed by the identification and elimination of duplicate articles from the review procedure. Subsequently, the abstracts were assessed, followed by a thorough examination of the complete texts of the articles. Studies that aligned poorly with the study objectives and incorporated exclusion criteria were recognized and excluded. Ultimately, a compilation of titles for all the articles sourced from the database was generated. To establish the most fitting inventory, a screening process was conducted, during which ir-

relevant articles were eliminated. Lastly, the chosen articles were incorporated into the study. The selected articles were meticulously examined and assessed. The categorization and arrangement of titles, along with the detection and elimination of duplicate entries, were all facilitated through resource management software (EndNote X6).

Quality assessment and data extraction

Following the search, the gathered articles underwent evaluation by the researchers utilizing the strengthening of the reporting of observational studies in the epidemiology checklist. Articles of high quality were chosen by this assessment. This checklist stands as one of the prime instruments employed to assess the quality of observational articles. This checklist comprises 22 criteria spanning sections such as title, introduction, methodology, results, discussion, and conclusion. Articles failing to meet over 50% of the checklist criteria were excluded. Data extraction was carried out after the quality assessment. Necessary data, including author and year of publication, study location, study title, target population, study type, methodology, and key findings were extracted and succinctly summarized.

Table 1. Search strategy in databases

Database	Syntax
Web of Science	(TI=(Resilience* AND (Crisis OR Disaster OR (Hospital OR Healthcare) "Health service" OR "Medical service" OR "Health sector" OR "Health system"))) OR AB=(Resilience* AND (Crisis OR Disaster) AND (Hospital OR Healthcare OR "Health service" OR "Medical service" OR "Health sector" OR "Health system")) Refined by: Document types: Article; Languages: English
PubMed	((Resilience*[Title/Abstract]) AND (Crisis[Title/Abstract] OR Disaster[Title/Abstract] AND (Hospital[Title/Abstract] OR Healthcare[Title/Abstract] OR "Health service"[Title/Abstract] OR "Medical service"[Title/Abstract] OR "Health sector"[Title/Abstract] OR "Health system"[Title/Abstract])) Filters: In the last 10 years
Other databases	"Resilience" OR "Organizational resilience" and "Healthcare" OR "Hospital" OR "Medical centers" AND "Disaster" and "Crisis" - 2010-2020; Languages Persian and English

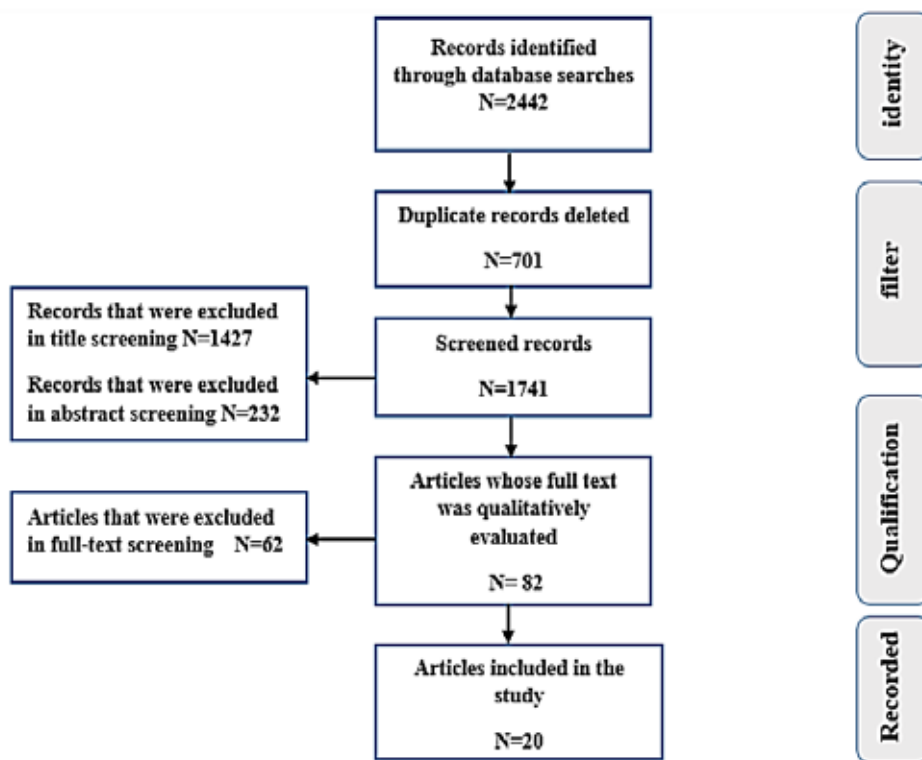


Figure 2. The process of checking databases and finding articles

Category of results

The elements extracted in this study were organized into distinct dimensions. During this analysis, the researchers individually classified the extracted components from the studies into various dimensions. Subsequently, the formulated dimensions and components were juxtaposed, and the researchers harmonized and presented a unanimous categorization. Then, the established dimensions and components were juxtaposed, and the researchers collated and presented a mutually agreed-upon singular classification.

Results

Several studies were conducted at different stages of the research, and 2442 studies were identified from the database search. An initial 701 articles were excluded due to their lack of titles pertinent to the study objectives, redundancy, and unavailability of the full article text. In the subsequent phase, after reviewing the abstracts of the articles, a total of 1659 articles were eliminated from consideration due to their lack of results relevant to our objectives. In the third stage, by studying the full text of the remaining articles, 62 articles were excluded due to the existence of similar Persian and English versions, being unrelated to the topic, and not having the necessary

quality. Ultimately, a total of 20 articles that exhibited the closest alignment to the research topic were incorporated into the final analysis (Figure 2).

The research examined a total of 20 final articles, consisting of 15 foreign studies and 5 domestic studies. Table 2 provides a summary of the reviewed studies, presenting various information, such as the article title, authors' names, year of publication, study purpose and population, and the study type and methodology.

After closely analyzing 20 selected articles, the components of organizational resilience for hospitals during crises and disasters were categorized into five dimensions as follows: Vulnerability, preparedness, support management, responsiveness and adaptability during an emergency, and recovery after the emergency. The vulnerability dimension encompasses the recognized weaknesses that a set possesses about certain risks. A hospital's vulnerability is influenced by its preparedness level. For instance, if a hospital is highly prepared for an earthquake, its susceptibility to it diminishes correspondingly. The preparedness dimension pertains to the idea of anticipating issues in human performance and indicates how the organization responds to significant incidents and crises, along with executing strategies in this area. It oversees the management of assistance, pro-

Table 2. Summary of studies included in the research

No.	Author and Year of Publication [Ref.]	Place of Study	The Goal and the Target Community	Study Type and Methodology
1	Achour, 2022 [9]	UK	Assessing the presence of staff during and after a disaster by evaluating the influence of their individual and professional attributes, and recognizing the consequences of their absence on healthcare provision	Quantitative research approach Questionnaire distribution using an online survey
2	Aldarmasi, 2022 [10]	Saudi Arabia	Assessing resilience levels, determining the key predictors of resilience, and exploring the impact of perceived stress on the resilience levels of medical professionals in Jeddah, Saudi Arabia amid the COVID-19 outbreak	Analytical cross-sectional study An electronic questionnaire through the internal communication department
3	Shaker Ardakani, 2023 [11]	Iran	Evaluating the adaptability of optimal solutions and their reliance on alternative resources, studying the impact of unpredictability in the count of nurses and patients, and suggesting a framework to maximize resource utilization and enhance satisfaction levels of both nurses and patients	Quantitative, analytical Case study Model presentation
4	Bazyar, 2021 [12]	Iran	Identifying and deriving the strengths, weaknesses, opportunities, and threats of the health system in handling COVID-19 risks through a strengths, weaknesses, opportunities, and threats analytical methodology	Multi-method quality Examining the minutes and approvals of the headquarters to fight against COVID-19 Focus group sessions Individual semi-structured interviews in strengths, weaknesses, opportunities, and threats format
5	Bessis, 2022 [13]	France	Detailing the restructuring of structural, operational, and managerial configurations during the initial wave of the COVID-19 outbreak in the specified hospital	Qualitative, descriptive
6	Biddle, 2020 [14]	Germany	Fully capturing the intricacies of the resilience concept, insights from both quantitative and qualitative research approaches amalgamated into a holistic assessment framework; this will underscore the significance of the notion of resilience for the research community	Empirical investigation Systematic, qualitative and quantitative, descriptive
7	Blanchet, 2017 [15]	England	Appreciating varied viewpoints and maintaining a spectrum of opinions, while offering a unified framework to facilitate communication among researchers and foster further research in this domain	Qualitative, descriptive
8	Carrington, 2021 [16]	Australia	Delving into the effects on emergency resources following a disaster and presenting a summary of the UN Sendai Framework for Disaster Risk Reduction 2015-2030	Systematic reviews and meta-analysis guidelines, preferred reporting items for systematic reviews and meta-analyses
9	Curtin, 2022 [17]	Ireland	A systematic review to compile and analyze existing qualitative information regarding resilience among healthcare workers during a pandemic; also, exploring the factors that bolster employee resilience during such crises	Qualitative and mixed methods, systematic review and meta-analysis, using the preferred reporting items for systematic reviews and meta-analyses and enhancing transparency in reporting the synthesis of qualitative research guidelines
10	Dewa, 2021 [18]	Malawi	Guiding future evaluations in different parts of Malawi, serving as a model for low and middle-income nations in the African region to execute the Sendai framework.	Quantitative and qualitative Questionnaire brainstorming

No.	Author and Year of Publication [Ref.]	Place of Study	The Goal and the Target Community	Study Type and Methodology
11	Donelli, 2022 [19]	Italy	Merging the literature on crisis management and resilience; the discussion revolves around how health institutions navigate challenges during a crisis	Case Study Descriptive quality Documents and interviews
12	El Sayed, 2017 [20]	Lebanon	Basic response guidelines to suggest a streamlined response model for hospitals during mass casualty incidents to enhance hospital disaster readiness strategies	Qualitative, descriptive
13	Fallah-Aliabadi, 2020 [21]	Iran	Gathering the necessary metrics for evaluating hospital resilience	Systematic review Using the preferred reporting items for systematic reviews and meta-analysis guidelines
14	Ghanchi, 2016 [22]	France	Grounded on the preliminary feedback from operating room and surgical department heads, offering draft suggestions, and insights from a strategic management perspective	Qualitative, descriptive
15	Hatefipour, 2022 [23]	Iran	Assessing the psychometric properties of the revised Persian version for measuring adult resilience; investigating the personal, relational, social, and organizational challenges encountered by employees; identifying the predictive influence of demographic and work-associated variables on resilience through regression analysis; contrasting the resilience levels of three groups of medical personnel interacting with COVID-19 patients	Quantity, quality Intermittent Semi-structured interview
16	Luke, 2021 [24]	Australia	Exploring hospital resilience in the face of natural disasters by pinpointing research focused on both structural and non-structural facets of building resilience	Quantitative and qualitative Systematic review and metaanalysis Using the preferred reporting items for systematic reviews and meta-analysis guidelines
17	Marmo, 2022 [25]	Italy	Leveraging insights from stakeholders actively engaged in hospital responses during pandemics to produce novel evidence that enhances the resilience of hospital infrastructures against pandemics	Qualitative Literature review Semi-structured interview
18	Mohtady Ali, 2022 [26]	Australia	Detailing the present understanding of how hospitals glean insights from their reactions to disasters, and investigating the utilization of this knowledge for organizational data to bolster hospital resilience	Qualitative, analytical Interview, Qualitative content analysis
19	Shirali, 2016 [27]	Iran	Offering a novel framework for evaluating crisis management anchored in the tenets of resilience within the hospital infrastructure of a developing nation	Qualitative, quantitative questionnaire and observations
20	Stennett, 2022 [28]	France	Identifying crucial insights, suggestions, and lessons drawn regarding hospital resilience amidst the pandemic; evaluating the robustness and constraints of studies in this domain, and examining China's reaction to the COVID-19 outbreak, referencing the expanding body of literature on hospital resilience during crises	Qualitative Systematic review Using the preferred reporting items for systematic reviews and meta-analysis guidelines

vision of resources, and other essential items needed to attain the operational objectives set by the incident command. Additionally, during a crisis, the response and adaptability phase is when the plan to address incidents is genuinely activated, to preserve human lives, offering first aid, mitigating and repairing system damages, and delivering necessary services to the victims. In essence, adaptability during a crisis means accelerating improvements. This is a crucial function of the hospital. Lastly, post-crisis recovery encompasses all actions undertaken to bring the hospital back to its pre-incident state. This procedure involves rebuilding existing buildings and infrastructures, restoring sub-structures, resettling the community, and offering essential mental health services to those who survived. The elements identified in the articles have been categorized and presented according to pre-established dimensions (Table 3).

Discussion

This research identified the components of organizational resilience in hospitals amid crises and disasters. To accomplish this objective, a comprehensive review of both domestic and international databases was carried out. The literature review results revealed numerous elements crucial to comprehending the organizational resilience of hospitals in times of crises and disasters, among which the most significant are as follows: dimensions of vulnerability, preparedness, support management, responsiveness, and adaptability during crisis and post-crisis recovery. In the context of organizational resilience during emergencies and disasters, a hospital's vulnerability pertains to its capacity and robustness in withstanding injuries and threats throughout the crisis. This facet of the hospital's organizational resilience emphasizes pinpointing vulnerabilities and weak spots within the hospital's structure, processes, resources, and equipment, as well as the steps required to bolster them against crises and disasters. The primary components of the vulnerability aspect in hospital resilience include the following items: pinpointing vulnerabilities, evaluating risks, implementing preventive strategies, preparing resources, and collaborating with other entities and organizations. The vulnerability aspect of hospital resilience underscores fortifying the weak and susceptible areas in the hospital's structure and functioning to mitigate the impacts of crises and disasters on the institution. In supporting this dimension, Carrington et al. in their review article, regarded comprehending risk and disaster as the foremost priority and bolstering disaster risk governance as the secondary priority. Accordingly, a risk assessment should be conducted to ascertain the hospital's suscepti-

bility to particular disasters, and risk management strategies should be developed to enhance disaster resilience broadly [16]. Additionally, in qualitative research conducted at [Ilam University of Medical Sciences](#), Bazzyar et al. emphasized the indispensable role of risk information for accurate risk management about vulnerability [12]. Furthermore, in their article focused on outlining the components of organizational resilience in military hospitals, Zaboli et al. identified vulnerability and safety as one of the five primary dimensions of their model [42]. Within the framework of organizational resilience for hospitals during crises and disasters, preparedness alludes to the collection of actions and procedures that equip the hospital to confront crises and potential harm, ensuring the hospital's consistent operation under both regular and critical circumstances. Key attributes and activities of preparedness within the hospital's organizational resilience encompass the creation and execution of training programs, formulation and deployment of operational plans, provisioning of equipment and infrastructure, drills and critical exercises, communication and data dissemination, as well as evaluation and ongoing refinement. It is beneficial for these factors and activities to be executed in collaboration with various hospital teams, including managers, medical staff, and other affiliated institutions and organizations, to enhance the hospital's organizational preparedness and resilience during crises and disasters. In support of this view, Bazzyar et al. in their qualitative research at [Ilam University of Medical Sciences](#) note that even with the extensive negative repercussions disasters have across human, economic, social, and environmental facets, they are persistently perceived as opportunities and drivers for advancement. By capitalizing on limited chances, an individual can prepare for the present crisis but also attain a degree of preparedness for potential future disasters [12]. Moreover, in their study on Indonesian hospitals, Sunindijo et al. assert that the hospital safety index serves as a valuable instrument for assessing hospital preparedness and resilience during emergencies and disasters and pinpointing areas requiring enhancement. Hospitals and governing bodies can utilize hospital safety index outcomes to prioritize and enact essential measures to enhance hospital efficiency [31]. In their study evaluating eight hospitals in southwest Iran, Shir Ali et al. point out that the preparedness level of these institutions is subpar. Notable shortcomings included the absence of a current, written preparedness plan, a lack of an in-house disaster response team, insufficient training, an absence of disaster drills to hone staff skills and assess their capacities, underdeveloped communication infrastructures, and a dearth of mutual assistance agreements or memoran-

Table 3. Aspects and elements of hospital organizational resilience during crises and disasters

Ref.	Components	Dimensions
[9]	<ul style="list-style-type: none"> Identification and analysis of the extent of exposure to injury; Identification and ranking of structural and non-structural traumatic components management; Identification of the main clinical and non-clinical processes sensitive to injury; Identification and evaluation of the vulnerable target population; Identification and ranking of the components of socio-economic vulnerability; 	
[9]	<ul style="list-style-type: none"> Choosing the type of structural system, designing the heating and cooling system, and choosing the type of door and window; Knowing about the situation and changes in the weather and the proximity of the personnel’s residence to the hospital; Improving the stability of preparing infrastructure against natural hazards; 	
[29]	Identifying risk scenarios (which consider many factors before reaching the crisis point);	
[14]	<ul style="list-style-type: none"> Improving natural ventilation and removing false ceilings; Strategically choosing a hospital location; 	Vulnerability
[30]	<ul style="list-style-type: none"> Understanding the risk of local, regional, and national disasters and vulnerability; Planning hospital disasters in a temporary and non-comprehensive manner; Assessing the resources of the geographical area around the hospital; 	
[31]	Considering the hospital safety index;	
[14]	<ul style="list-style-type: none"> Paying attention to the gas supply system, sewage system, and also components non-structural elements of the hospital building, such as architectural elements; Safety of access routes and access to the hospital; 	
[23]	The degree of dependence and home care duties of home treatment personnel (such as children, parents, etc.).	
[12]	<ul style="list-style-type: none"> Establishing a rapid warning system and incident command system; Developing an operational plan for responding to emergency operations in emergencies; Planning for exercises and maneuvers; Identifying and analyzing the capacity of equipment, medicine, and physical space; Designing a rapid communication system that fits the conditions, between decisions, executive agents, and agents; 	
[32]	<ul style="list-style-type: none"> Designing a rapid communication system that fits the conditions, between decisions, executive agents, and agents; Identifying and analyzing the capacity of human and financial resources; Training managers and employees in the field of functional components in critical situations; Age and clinical experience of the treatment staff; Conformity of emergency planning based on the analysis of strengths and gaps; Civil and military cooperation; 	Preparation
[33]	<ul style="list-style-type: none"> Civil and military cooperation; Fast and flexible access to the required financial resources; Increasing hospital facilities and intensive care unit beds and ventilator needs; Planning and investment in information systems; Electronic health records; Effective leaders and transparent at multiple levels; 	
[34]	<ul style="list-style-type: none"> Effective leaders and transparent at multiple levels; Regular holding of crisis management meetings; Locating, forecasting, and minimal equipment of medical and non-medical infrastructure outside the main hospital; Pre-planned protocols for managing injured staff; Upgrading equipment technology (for the development of suitable teleworking); Updating the information of all employees of the health system, in terms of professional activity, based on all stages of risk management (prevention, damage reduction, preparation, response, and rehabilitation); 	

Ref.	Components	Dimensions
[35]	<p>Updating the information of all employees of the health system, in terms of professional activity, based on all stages of risk management (prevention, damage reduction, preparation, response, and rehabilitation);</p> <p>Designing a financial system with a clear line for disaster management;</p> <p>Compiling hospital safety standards and procedures;</p> <p>Risk management strategies;</p> <p>Ramps between all floors in the hospital building;</p> <p>Collection of one-week supplies, including piped medical gases, emergency tools, ventilators and auxiliary equipment, personal protective equipment, resuscitation equipment, and triage tags;</p>	Preparation
[36]	<p>Collection of one-week supplies, including piped medical gases, emergency tools, ventilators and auxiliary equipment, personal protective equipment, resuscitation equipment, and triage tags;</p> <p>Reduction of generator failures by regular load testing backup power supplies;</p> <p>Integrating disaster risk management into national health laws, policies, and programs;</p> <p>Maintaining a cold chain for drugs and medical equipment;</p> <p>Ensuring rapid access of essential personnel to radio for internal communications;</p> <p>Mental resilience and training to respond effectively to emergency conditions;</p>	
[1]	<p>The hospital has a supervisory process;</p> <p>Signing contracts with pharmaceutical companies.</p>	
[36]	<p>Targeting and formulation of strategies of the units;</p> <p>Attracting legal support and development of authority limits;</p> <p>Evaluation of the logistics situation;</p> <p>Evaluation of accreditation standards for disaster and disaster management;</p> <p>Monitoring the supply chain and equipping resources;</p>	Support management
[20]	<p>Using the creative skills of key employees;</p> <p>Applying the decision-making patterns of senior managers in the face of crisis;</p> <p>Forming a crisis management committee and holding executive programs to ensure resilience;</p> <p>Changing parts with lower performance during the crisis to more important and practical parts;</p> <p>Capacity planning for reconfiguration of hospitals, including the creation of temporary wards in the surrounding area of the hospital;</p>	
[37]	<p>Establishment of reliable health and social information system;</p> <p>Use of nursing and medical students;</p> <p>Telemedicine facilities and home management;</p> <p>Protective equipment and isolation wards;</p> <p>Preservation of critical infrastructures and transport coordination and participation;</p>	
[38]	<p>Coordination of resistant hospitals with regional hospitals and transport services;</p> <p>Strengthening interactions between hospitals;</p> <p>Employing motivated and young employees to deal with the crisis;</p> <p>Setting up factories for the production of personal protective equipment with the necessary standards at the national and local levels;</p> <p>Using the capacity of health charities in accidents and disasters;</p>	
[20]	<p>Providing patient care in the private sector;</p> <p>Using the hospital's underground parking as temporary hospitalization centers;</p> <p>Hospitals, areas that can receive patients in critical conditions, should be identified, designated and have emergency lighting, electrical outlets, water sources, and bathrooms installed;</p> <p>Paying attention to maintaining the main electricity and preventing the breakdown of emergency power supply equipment;</p> <p>Identifying and dealing with dead bodies;</p>	
[18]	<p>Identifying and dealing with dead bodies;</p> <p>Discussing transportation patterns with emergency medical services ambulances to map the radius of the incident;</p> <p>Necessity of notification methods to employees using the address system, SMS, WhatsApp, and pagers at the same time;</p> <p>Contacting the crisis team with the staff who lived in the vicinity;</p> <p>The blood bank reserves of the hospital, blood groups O and AB were sent to the operating rooms for immediate use if necessary;</p>	

Ref.	Components	Dimensions
[22]	Some operating theaters were deliberately kept in reserve; The possibility of transferring patients between hospitals; International humanitarian action.	Support management
[16]	Taking measures to continue the vital functions of the hospital; Managing the capacity of diagnostic and paraclinical services according to the need; Feasibility of increasing the capacity of the physical space suitable for emergency evacuation; Managing the waiting time of patients to receive services based on prioritization in triage; Strengthening the mechanism;	
[12]	Optimal management of energy supply, storage, and consumption; Collecting and documenting all information related to the incident; Optimum use of the full capacity of beds and medical equipment in all departments; Monitoring and controlling the correct triage process of patients; Signing a memorandum of understanding to increase the capacity of waste management, laundry, and cold storage;	
[39]	Calling and dispatching quick response teams in emergencies; Implementing the congestion management process; Canceling selective services; Adjusting procedures during a crisis with a changing reality; Considering flexibility in resilience management beyond adherence to procedures;	
[40]	Ethics in disaster management (triage decisions should not discriminate against terrorists - the complexity of obtaining informed consent; Support and field hospitals; Comprehensive use of the capacity of private medical centers and ambulances; Obtaining a temporary employment contract or management plan for retired health system employees; Ability to increase emergency services;	Responsive-ness and adaptability during the crisis
[41]	Canceling or reducing elective surgeries; Allocating additional emergency funds by the government; Canceling employee holidays; Changing employees from part-time to full-time; Rapid discharge of patients using reverse triage;	
[30]	Setting up triage tents in the hospital parking area and redesigning the available physical space; Establishing mobile clinics to provide services; Adopting a quick and easy triage system related to the severity score of injuries and complications; Use of a unique identifier for patients; Use of automated patient tracking systems;	
[20]	Use of automated patient tracking systems; Use of technologies, such as audio recording, which can later be printed to record resuscitation data; Emergency morgue facilities; Sharing knowledge and information in the fastest time;	
[27]	International humanitarian action; Senior management commitment to crisis management.	
[36]	1. Compilation of the final evaluation report of damages and costs; 2. Compilation of experience databases for learning; 3. Compilation of a strategy for redesigning and rebuilding the physical structure to prevent and reduce the effect of future risks;	
[17]	4. Analysis of the physical, mental, and social health status of employees involved in the crisis; 5. Analysis of the physical, mental, and social health status of the employees involved in the crisis; 6. Revision of hospital emergency plans; 7. Maintaining the well-being of frontline employees (adequate personal protective equipment and clear communication with leaders);	Recovery after the crisis
[23]	8. Learning process after tragedy.	

dums of understanding. Additionally, the minimal to nonexistent budget allocation for procuring vehicles and equipment was identified as one of the weak links in the hospitals' preparedness [27]. In the context of hospital resilience, support management pertains to the administration and utilization of supportive resources and equipment, like communication systems, maintenance and repair mechanisms, medical devices, etc. to sustain and enhance the hospital's functionality during critical situations and amid natural or man-made disasters. This aspect encompasses the planning, design, and execution of support strategies, upkeep of equipment, enhancement of communication systems, and collaboration with other hospital departments during emergencies. This facet is crucial in upholding and augmenting the hospital's resilience against potential risks and threats. In supporting this perspective, El-Sayed et al. highlighted in a case study detailing a Beirut hospital's response to a mass casualty incident (car bomb explosion) event, how the surgery department, the blood bank, and the radiology department dispatched their staff to assist in coordinating the urgent needs arising from the sudden influx of patients to the emergency room [20]. There was a slight delay in deploying equipment, medicines, and supplies to the emergency room. Personnel from other departments who arrived to aid the emergency section noted challenges in accessing crucial equipment during the early response stage. A gap in the system was identified as unfamiliarity with the existing stockpiles. Drug carts were strategically positioned within the emergency department. Media served as the primary informant regarding the extent of damage from the crisis. Direct lines of communication were set up with responding EMS entities to guarantee real-time updates and feedback concerning patient movement and casualty allocation. Tasks such as managing fatalities, replenishing vital equipment, and refilling emergency medications were executed [20]. Within the framework of hospital organizational resilience, the aspect of response and adaptability during a crisis pertains to the collection of actions and strategies that enable the hospital to promptly and efficiently address immediate needs and challenges during crises and disasters. This facet of a hospital's organizational resilience underscores its capacity to modify and adapt its operations under the unique and pressing circumstances presented by a crisis. Essential components of response and adaptability within hospital organizational resilience include organizational framework, crisis handling, communication and data dissemination, workforce, equipment and materials, and collaboration with other entities and organizations. Based on these components, the aspect of response and adaptability within hospital organi-

zational resilience signifies equipping the hospital to tackle conditions posed by a crisis. Supporting this perspective, Zhong et al., in a study encompassing 41 tertiary hospitals in Shandong Province, China, assert that the capacity to address medical emergencies—encompassing emergency services and augmented capabilities (spanning on-site rescue, in-hospital care, and surge capacity)—stands as a pivotal resilience factor for a hospital [1]. Also, Blanchet et al. examine the resilience of a health system and state that the health system helps to coordinate employees in times of crisis or shock and to create bridges between different groups within this system and beyond. The capacity to anticipate and deal with uncertainties and unplanned events of resilience can be understood in terms of the adaptability of health systems. Adaptability is the capacity of actors of a system to respond to stresses and shocks [15]. Additionally, Sunindijo et al., in their study on Indonesian hospitals, highlight that the capacity to increase usable space during mass casualty events, sufficient logistical equipment in major catastrophes, procedures for transferring and admitting patients during emergencies and disasters, a strategy for infection prevention and control, and protocols for managing deceased bodies are among the critical response elements of a hospital during a crisis [31]. In the context of hospital organizational resilience, post-crisis recovery denotes a phase in the resilience journey where, following a crisis or disaster, the hospital endeavors to revert to its regular state and restore its standard operations. This facet of hospital organizational resilience focuses on managing the processes of recuperation and reinvigorating activities, mending and rebuilding infrastructure, and securing the necessary resources to sustain operations. Central components of post-crisis recovery within the hospital's organizational resilience include repair and rebuilding, operational resurgence, restoration of communication and information, ensuring security, organizational adaptability (the institution's capability to adjust to post-crisis changes and new conditions), and the organization's competence in handling unforeseen and unexpected situations. In the context of a hospital's organizational resilience, post-crisis recovery underscores managing activities, resources, and infrastructure vital for returning the hospital to its regular state and ensuring the continued delivery of services to patients in a secure and consistent environment. In supporting this perspective, Carrington et al., in their review, emphasize enhancing disaster preparedness for an efficient response and highlight "better reconstruction" during recovery, rehabilitation, and reconstruction phases as the fourth priority of their research. This priority aligns with the Sendai framework for disaster risk reduction 2015-2030, a focus

that wasn't present in earlier studies [16]. Furthermore, Fallah Aliabadi et al., in their review, indicate that the derived metrics about recovery and response are seen as the organization's velocity. This measure of resilience mirrors the hospital system's ability to address priorities to reinstate functionality and avert future interruptions [43]. Additionally, in their research, Shir Ali et al. highlight that the examined hospitals exhibit unsatisfactory conditions concerning post-crisis recovery. Analyzing the results revealed deficiencies, including the absence of a disaster recovery plan and recovery management. This might be attributed to the management system's oversight of the recovery phase, possibly due to a prevailing emphasis on negating or diminishing the recovery necessity [27]. Overall, hospital resilience is crucial during crises and both natural and man-made disasters. The elements highlighted in this discussion can serve as potent strategies for bolstering hospital resilience. Consequently, these factors ought to be integral to health and welfare policymaking.

Conclusion

Within the healthcare system, the hospital stands as the foremost and most intricate entity for delivering medical services. It plays a pivotal role in lowering mortality rates and attending to the injured due to its provision of essential health and life-saving services. Consequently, the resilience of hospitals holds significant importance during crises, whether natural or human-induced. Based on the studies and research presented in this article, various pivotal elements influencing the organizational resilience of hospitals in times of crises and disasters have been pinpointed. These elements aid in fortifying and enhancing the preparedness of hospitals to adeptly navigate crises and disasters. This study structured these components into specific dimensions, namely vulnerability, preparedness, support management, response and adaptability during a crisis, and post-crisis recovery. During our exploration, post-crisis recovery emerged as a particularly vital facet of a hospital's organizational resilience in crises and disasters. Additionally, various factors, such as initial planning, equipment and facility provisioning, staff training, communication, and resource management are crucial in bolstering the resilience of hospitals during both natural and human-induced disasters. Given these factors, policymakers and administrators should prioritize these components, incorporating them as fundamental elements of health and therapeutic strategies. Furthermore, enhancing the resilience of hospitals, being a consistent and ongoing process, necessitates collaboration and coordination among the government, private

sector, and the broader community. Consequently, emphasizing the resilience of hospitals, a pivotal matter in healthcare will bolster confidence and public faith in the nation's healthcare infrastructure.

Study limitations

Restriction of access to certain databases and the unavailability of full-text articles hindered the research. The organizational frameworks of medical centers vary across countries, leading to significant variations in the analysis of results.

Ethical Considerations

The current study was registered with the Ethics Committee of [Qazvin University of Medical Sciences](#) (Code: IR.QUMS.REC.1400.438).

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Authors' contributions

Study design: Omid Khosravizadeh; Research: Fatemeh Seyghalani Talab; Data analysis: Bahman Ahadinezhad; Writing and final approval: All authors.

Conflict of interest

The authors declared no conflict of interest.

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